

## February Block of the Month: Hearts and Stars

Hi, my name is Rejena Coghlan and I have been a quilter for 8 years... collecting notions, patterns and fabric for many more years. This month's block is a very whimsical block. You will need to cut a 6" square block from pink fabric, preferably batik. Then trace the hearts' shaped patterns onto fusible web—with the sticky material facing down and the paper side the side you trace on. Iron the fusible web with the traced design (heart) onto pretty

fabric, I used purple/gold metallic fabric. You can make your own heart and add decorations such as swirls, mini-hearts, decorative stitches. But the bottom line is fuse the heart onto the block. Then fuse the smaller heart onto the larger heart. With your sewing machine, in any choice of thread color, stitch the edges down with a stitch of your determination. That's it! Very simple this month. Add the star if you want on top of the hearts. Personally,

I would use a stabilizer such as tear-away or freezer paper on the back of the block while stitching the heart down to avoid puckers. Make as many as you like. Karyn Monroe's Care Quilt Project could benefit from a donation as well.

If you have any questions, please do not hesitate to call me at 509-999-6907 or email me at [jenacoghlan@gmail.com](mailto:jenacoghlan@gmail.com) – Thank you, Rejena Coghlan "Jena"

